

# SC069474

Registered provider: Anderida Adolescent Care Ltd

Full inspection

Inspected under the social care common inspection framework

## Information about this children's home

This home is registered to provide care for up to three children with social, emotional and mental health difficulties. It is owned and run by a private organisation.

At the time of the inspection, two children were living in the home.

The registered manager for the setting has been in post since October 2023.

### Inspection dates: 22 and 23 November 2023

|                                                                                           |             |
|-------------------------------------------------------------------------------------------|-------------|
| <b>Overall experiences and progress of children and young people,</b> taking into account | <b>good</b> |
|-------------------------------------------------------------------------------------------|-------------|

|                                                             |      |
|-------------------------------------------------------------|------|
| How well children and young people are helped and protected | good |
|-------------------------------------------------------------|------|

|                                           |      |
|-------------------------------------------|------|
| The effectiveness of leaders and managers | good |
|-------------------------------------------|------|

The children's home provides effective services that meet the requirements for good.

**Date of last inspection:** 14 March 2023

**Overall judgement at last inspection:** good

**Enforcement action since last inspection:** none

## Recent inspection history

| Inspection date | Inspection type | Inspection judgement      |
|-----------------|-----------------|---------------------------|
| 14/03/2023      | Full            | Good                      |
| 02/02/2022      | Full            | Outstanding               |
| 09/07/2019      | Full            | Good                      |
| 27/02/2019      | Interim         | Declined in effectiveness |

## Inspection judgements

### **Overall experiences and progress of children and young people: good**

Children are making very good progress in relation to their starting points. They attend education regularly, and one child has gained part-time employment. Staff have supported children to learn to manage difficult feelings and to talk about their worries. This has enabled them to make progress in areas in which they previously struggled to achieve and sustain success.

Children develop warm and caring relationships with staff. They identify staff that they trust and feel listened to. Children's views are important to the staff, who respond in a supportive and caring way.

Children are supported to take part in decision-making about their care and future planning. This includes participating in their care review meetings or discussions about going to live with their family. This ensures that the wishes of the children are central to inform care planning.

Staff are guided by well-written plans that enable them to deliver good-quality care that meets the needs of each child. These plans are reviewed regularly and focus on supporting children to be independent and safe.

Children are supported to spend time with their families and friends where this is appropriate. One child is spending increasing periods at home with a plan for them to move back to their family. This is due to the care and support that staff have given the child and their family to repair their relationship. This plan has been managed carefully and in partnership with the family, the child and other professionals such as social worker.

Children's health needs are managed in a sensitive and caring way. One child has been able to have dental care because of the support offered. This has enabled the child to be more confident in their interactions with others and increase their self-confidence. Where appropriate, children are supported to become more independent in managing their own health, including making and attending appointments with less support from staff.

Children enjoy attending community-based clubs and activities and exploring their interests. One child has been attending cadets regularly, which has helped to widen his friendship circle and encouraged him to try new activities.

### **How well children and young people are helped and protected: good**

Staff understand the vulnerabilities of each child and provide the support they need to stay safe. Safety plans are clear and are updated regularly in view of emerging concerns, which allows staff to provide the right support to children.

When concerns arise, staff usually take effective action to keep children safe. This includes working closely with other agencies, such as social workers, education colleagues and the police. On one occasion, when a child expressed thoughts of harming themselves, staff did not inform the child's mental health service practitioner. They had, however, taken all other reasonable actions to keep the child safe and informed the family and social worker, and the child was receiving ongoing care from mental health services.

Staff support children in learning to be safe. This is done through regular discussions, gestures of concern and education. As a result of this work, children have reduced some of their risk-taking behaviours.

Staff take effective action when children go missing from the home. They liaise with family and agencies to ensure that children are supported to return safely. Where there are concerns regarding potential exploitation, the home again works with relevant people to disrupt this and ensure that children are protected and taught how to be safe. For one child, this included time away from the home to undertake learning about safe behaviours and relationships.

Staff are skilled in dealing with difficult behaviours, with a clear emphasis on care and nurture for children and supporting them to learn ways to manage their own feelings. Physical intervention is used only when needed to ensure the safety of the child or others and is only used for the least amount of time as is required. The use of restraint for one child has reduced in comparison to the previous year. Documentation is clear and shows that appropriate actions are taken after an incident to ensure effective management oversight. Any learning from incidents is shared with staff to ensure safe practice.

When staff come to work in the home, managers undertake appropriate vetting to ensure suitability. These processes are clear and well documented.

### **The effectiveness of leaders and managers: good**

The manager has a clear and ambitious vision for the home. She has high expectations for children and for staff to deliver good-quality care. She has a good understanding of children's progress, and staff appropriately recognise and celebrate children's achievements.

Managers have worked to address previous shortfalls and to maintain effective oversight of the home. Documentation generally demonstrates that managers are reviewing plans regularly. However, some documentation regarding monitoring children's progress is not kept up to date.

Relationships between staff, families and professionals are good. They work closely together to ensure effective all-round support for children. One education colleague stated that communication was great and that staff were confident in challenging them if there had been any concerns. A social worker reported timely

communication, and one parent stated that they felt that they were receiving lots of support from staff.

Staff speak highly of managers. They feel supported and valued in their roles, aided by regular training and supervision.

Staff continue to seek and understand the views of children and involve them where possible. This has supported developments in the fabric of the home, with children having bedrooms that reflect their own interests and in ongoing plans to update the home's decor.

## What does the children's home need to do to improve?

### Statutory requirements

This section sets out the actions that the registered person(s) must take to meet the Care Standards Act 2000, The Children's Homes (England) Regulations 2015 and the 'Guide to the Children's Homes Regulations, including the quality standards'. The registered person(s) must comply within the given timescales.

| Requirement                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Due date        |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| <p>The protection of children standard is that children are protected from harm and enabled to keep themselves safe.</p> <p>In particular, the standard requires the registered person to ensure—</p> <p>that staff—</p> <p>take effective action whenever there is a serious concern about a child's welfare.<br/>(Regulation 12 (2)(a)(vi))</p> <p>In particular, ensure that child and adolescent mental health professionals are consulted and informed when there are concerns relating to children at risk of self-harm.</p>                                                                                        | 24 January 2024 |
| <p>The leadership and management standard is that the registered person enables, inspires and leads a culture in relation to the children's home that—</p> <p>helps children aspire to fulfil their potential; and</p> <p>promotes their welfare.</p> <p>In particular, the standard requires the registered person to—</p> <p>use monitoring and review systems to make continuous improvements in the quality of care provided in the home.<br/>(Regulation 13 (1)(a)(b) (2)(h))</p> <p>This specifically relates to ensuring that children's plans are regularly updated to evidence the progress they are making.</p> | 24 January 2024 |

## **Information about this inspection**

Inspectors have looked closely at the experiences and progress of children and young people, using the social care common inspection framework. This inspection was carried out under the Care Standards Act 2000 to assess the effectiveness of the service, how it meets the core functions of the service as set out in legislation, and to consider how well it complies with The Children's Homes (England) Regulations 2015 and the 'Guide to the Children's Homes Regulations, including the quality standards'.

## Children's home details

**Unique reference number:** SC069474

**Provision sub-type:** Children's home

**Registered provider:** Anderida Adolescent Care Ltd

**Registered provider address:** Neville Mews, 6a Neville Road, Eastbourne BN22 8HR

**Responsible individual:** Erica Castle

**Registered manager:** Karen Sparrow-Profit

## Inspector

Jay Shekleton, Social Care Regulatory Inspector

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