

SC069474

Registered provider: Anderida Adolescent Care Ltd

Full inspection

Inspected under the social care common inspection framework

Information about this children's home

This home is registered to provide care for up to 3 children with social, emotional and mental health difficulties. It is owned and run by a private organisation.

At the time of the inspection, 2 children were living in the home.

The registered manager has been in post since October 2023.

Inspection dates: 13 and 14 January 2026

Overall experiences and progress of children and young people, taking into account	outstanding
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How well children and young people are helped and protected	outstanding
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The effectiveness of leaders and managers	outstanding
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The children's home provides highly effective services that consistently exceed the standards of good. The actions of the children's home contribute to significantly improved outcomes and positive experiences for children and young people who need help, protection and care.

Date of last inspection: 29 October 2024

Overall judgement at last inspection: good

Enforcement action since last inspection: none

Recent inspection history

Inspection date	Inspection type	Inspection judgement
29/10/2024	Full	Good
22/11/2023	Full	Good
14/03/2023	Full	Good
02/02/2022	Full	Outstanding

Inspection judgements

Overall experiences and progress of children and young people: outstanding

Children have made significant progress from their starting points. A stable staff team and strong, positive relationships have supported the children to settle and develop well. Staff have a clear understanding of children's needs and have created an environment in which the children feel able to safely explore and express their identities.

Staff actively support children to maintain meaningful and lasting relationships. They work directly with children and their families to strengthen these connections and to pursue reunification wherever possible. For children preparing to leave the home, staff invest significant time in planning and coordinating smooth transitions. They also anticipate children's ongoing support needs, working closely with the placing authority to provide an appropriate package of outreach.

Children are enrolled in education, and staff consistently advocate on their behalf to secure appropriate assessments and suitable provision. As a result of this support and advocacy, children have been able to sustain their education placements and make progress towards formal qualifications.

The home provides a warm, welcoming environment where children feel safe. It is well maintained throughout, with calm and carefully chosen decor that creates a relaxed, family-style atmosphere.

Staff hold high aspirations for the children and ensure that they have access to a wide range of meaningful experiences. Children participate in activities that promote independence and self-confidence, including driving lessons, concerts and attending Pride events independently. Staff consistently advocate for children's best interests and appropriately challenge decisions when they believe that the desired outcomes may not be achieved.

Children are actively listened to, and their views are meaningfully incorporated into the daily running of the home. They feel confident expressing their feelings and making requests. Relationships between staff and the children are positive and trusting. The children seek out staff and engage with them comfortably, which was evident in the relaxed and good-humoured interactions observed during the inspection. These positive dynamics reflect the strong relationships that staff have worked hard to build, ensuring that the children feel heard, respected and valued.

How well children and young people are helped and protected: outstanding

Staff take time to understand each child and their individual needs. They respond with warmth and clear, nurturing boundaries that support the children to settle comfortably into the home.

Children's mental health needs are prioritised, with staff supporting their engagement with child and adolescent mental health services and other therapeutic services. Staff are skilled in preventing self-harm and know how to access timely external support when needed. As a result of consistent intervention, one child has developed safer strategies for managing their emotions and now seeks staff support appropriately when feeling low.

Children with significant risks and a history of going missing from home have shown a marked reduction in these behaviours and are no longer going missing from the home. On the rare occasions when this does occur, staff act promptly to locate the child and ensure their safe return. When a child in crisis needs to leave the home, staff maintain an appropriate distance to ensure the child's safety while allowing them space to regulate their thoughts and feelings. Planning around independence is carefully considered, with safety remaining the overriding priority.

The children receive clear guidance on how to keep themselves safe, both in the home and in the community. Incidents are managed confidently and with respect for each child's dignity. Records are detailed and are used to inform ongoing learning and development in the home. Managers review incidents promptly to ensure that children's plans are updated and that any learning is incorporated into practice.

The use of restraint in the home has been minimal. When it has been required, it has been used appropriately and proportionately in response to the behaviour presented. Managers review all incidents promptly and meet with staff and children to discuss what took place.

Managers and staff work effectively with external professionals, providing regular updates to ensure that they are fully informed about any incidents and emerging challenges affecting children, both in the home and in the wider community.

The effectiveness of leaders and managers: outstanding

The organisation is undergoing a period of change, and leaders are taking a comprehensive approach to reviewing the systems used to monitor the quality of children's care. Although the revised systems are not yet fully implemented, clear plans and timescales are in place.

The home is led by a highly ambitious and dedicated manager who is committed to achieving the best outcomes for children. She works collaboratively with external agencies and confidently challenges decisions when she believes a child's needs are not being prioritised. The manager is visible, approachable, and has overseen the integration of 2 teams effectively. Staff speak very positively about her leadership and the support that she provides. They deliver consistent care to the children as a result of this.

Managers respond promptly to any concerns in the home and follow appropriate reporting procedures. Follow-up work is completed with all relevant individuals to ensure that issues are resolved and that everyone feels heard and reassured that appropriate actions have been taken.

Staff receive a wide range of training opportunities that enhance their knowledge and equip them to support children in overcoming barriers and making progress. Training documentation does not fully enable the manager to have comprehensive oversight of specialist training and potential gaps, although this has not had an impact on the care for the children.

Supervision sessions are held monthly, and staff receive annual appraisals. These appraisals help staff to identify areas for development and progression. They feel that managers invest in them as individuals. However, the quality of supervision records varies, with some lacking depth. Agreed actions are not always followed up or tracked in subsequent sessions. Despite this, the team reports feeling well supported and values the supervision provided.

What does the children's home need to do to improve?

Recommendation

- The registered person should ensure consistency in supervision recording. In particular, ensuring that all supervision records make note of the supervision outcomes. ('Guide to the Children's Homes Regulations, including the quality standards', page 61, paragraph 13.4)

Information about this inspection

Inspectors have looked closely at the experiences and progress of children and young people, using the social care common inspection framework. This inspection was carried out under the Care Standards Act 2000 to assess the effectiveness of the service, how it meets the core functions of the service as set out in legislation, and to consider how well it complies with The Children's Homes (England) Regulations 2015 and the 'Guide to the Children's Homes Regulations, including the quality standards'.

Children's home details

Unique reference number: SC069474

Provision sub-type: Children's home

Registered provider: Anderida Adolescent Care Ltd

Registered provider address: Neville Mews, 6a Neville Road, Eastbourne BN22 8HR

Responsible individual: Post vacant

Registered manager: Karen Sparrow-Profit

Inspectors

Vicki Horton, Social Care Inspector
Georgia Carty, Social Care Inspector

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