

SC066048

Registered provider: Anderida Adolescent Care Ltd

Full inspection

Inspected under the social care common inspection framework

Information about this children's home

This home is owned and run by a private organisation. It provides care for one child who experiences social, emotional and mental health difficulties. At the time of the inspection, one child was living in the home.

The registered manager has been in post since August 2025.

Inspection dates: 25 and 26 November 2025

Overall experiences and progress of children and young people, taking into account	good
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How well children and young people are helped and protected	good
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The effectiveness of leaders and managers	good
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The children's home provides effective services that meet the requirements for good.

Date of last inspection: 12 September 2024

Overall judgement at last inspection: outstanding

Enforcement action since last inspection: none

Recent inspection history

Inspection date	Inspection type	Inspection judgement
12/09/2024	Full	Outstanding
14/02/2024	Full	Good
22/02/2023	Full	Outstanding
09/02/2022	Full	Good

Inspection judgements

Overall experiences and progress of children and young people: good

The home is a welcoming, brightly decorated and child-centred environment. Children have been involved in choosing the decor and furnishings for their home.

Since the last inspection, two children have lived in the home. Children are involved in their care planning and thinking about the next steps for moving towards independence. Staff support children to make progress and develop the skills needed to progress to adulthood. They are supported to learn about budgeting, meal planning and preparation, rent and the support systems available to them in adulthood. As a result, one child developed the skills to be able to move to semi-independent living, and has settled well.

Children are listened to. They know how to make complaints and are supported to share their views on things that are important to them. When they ask for changes, they are updated and kept informed of progress that is being made. Staff advocate for children's views and wishes with other settings, including in their education. As a result of this, one child's school held their first ever prom, providing a positive ending and lifelong memory for the child.

A creative approach is used to encourage and promote children's engagement in education. Managers advocate for children to ensure they receive opportunities to learn that suit their individual needs. Children have opportunities to develop and engage in education inside and away from the home. As a result with staff encouragement, one child has been able to achieve qualifications in maths and English.

Children have fun. They are supported to have a range of positive experiences in and away from the home. They can explore their interests and hobbies; staff take time to risk assess activities that children have identified for themselves and encourage their participation. Children have been on holidays, engaged in music groups and have friends over to visit for dinner.

There are weaknesses in the processes for ensuring children receive effectively planned care when moving into the home. When children are moving between the provider's homes, managers do not always thoroughly assess information to ensure that children's needs can be met according to the new home's statement of purpose. Also, they do not fully consider whether there are risks in the local area to individual children. Statutory placement planning processes have not taken place to recognise changes in children's care arrangements and to plan their care effectively.

How well children and young people are helped and protected: good

Staff are knowledgeable and know the actions they need to take to keep children safe. They work closely with external professionals, families and friends to safeguard children.

When required, referrals are made to external services to ensure children receive support in relation to substance misuse and keeping safe in the community.

Staff respond robustly to incidents of children going missing. They take time to search for and locate children. A range of strategies are used to reach out to children who are away from the home. One professional said, 'I'm impressed with their presence and the thought behind how they support children who may go missing from the home. They are relentless in their approach, providing both a physical and virtual presence.'

Staff provide a warm welcome to children on their return from being missing, prioritising feelings of safety and ensuring their physical and mental wellbeing needs are met. Staff tactfully and appropriately explore what has happened and try to involve children in thinking with them about how they can reduce episodes of going missing and keep safer. As a result, some children have had a reduction in their incidents of going missing.

Physical restraint has been used when there is no alternative. Staff use a range of de-escalation skills and strategies to avoid the use of physical intervention. When restraint has been used, it has been necessary to keep children safe. Managers have promptly reviewed the incidents and have spoken with children and staff within appropriate timescales.

Creative strategies, including personal messages and letters, have been used to explore behaviours with children. However, there is no independent oversight of these interventions to ensure that they remain professional. The intentions behind the letters have been appropriate. However, two letters were not written in a child-friendly way. The use of over-emotive language, including over-sharing and projection of staff feelings following incidents, has meant letters could be perceived as blaming and create feelings of shame for the child.

The effectiveness of leaders and managers: good

Leaders and managers are child focused and committed to offering stability to children. The home is led by an open, reflective registered manager who has high aspirations for the children in her care. She has prioritised developing a consistent, positive and nurturing staff team.

Staff feel valued by leaders and managers. Supervisions take place regularly and records are of good quality. Staff are supported to reflect on their experiences of working in the home. They feel they can approach leaders and managers when they need support, advice and guidance. Managers have created a team that is committed to children and there is a real passion for ensuring children receive a high standard of care and support.

Managers are committed to upskilling the staff team. Staff receive appraisals where clear and child-focused targets are set. Managers meet with staff twice a year to set targets and review their progress. Staff receive a range of training opportunities, including enrolment on the level 3 qualification.

Systems used to evaluate the quality of care do not consistently support the manager to consider the feedback of staff, children and external professionals in making improvements to the care and support offered by the home. The independent person does not consistently talk with staff, professionals and children. Reports include very little insight or evaluation of the support children are receiving on a day-to-day basis. There is a significant focus on routine monitoring rather than on areas which impact the most on children's experiences of the home.

The manager provides suitable oversight of incidents and records her reviews. There is an emphasis on records belonging to the child, and they are written in a positive and child-focused way. However, at times this has led to descriptions of incidents rather than evaluations of the effectiveness of the interventions used by staff. As a result, there are missed opportunities to explore and learn from incidents.

What does the children's home need to do to improve?

Statutory requirements

This section sets out the actions that the registered person(s) must take to meet the Care Standards Act 2000, The Children's Homes (England) Regulations 2015 and the 'Guide to the Children's Homes Regulations, including the quality standards'. The registered person(s) must comply within the given timescales.

Requirement	Due date
The care planning standard is that children— receive effectively planned care in or through the children's home. In particular, the standard in paragraph (1) requires the registered person to ensure— that children are admitted to the home only if their needs are within the range of needs of children for whom it is intended that the home is to provide care and accommodation, as set out in the home's statement of purpose; that arrangements are in place to— manage and review the placement of each child in the home; and that each child's relevant plans are followed. (Regulation 14 (1)(a) (2)(a)(b)(ii)(c))	22 January 2026

Recommendations

- The registered person should actively seek independent scrutiny of the home and make best use of information from independent and internal monitoring (including under regulations 44 and 45) to ensure continuous improvement. They should be skilled in anticipating difficulties and reviewing incidents, such as learning from disruptions and placement breakdowns. They are responsible for proactively implementing lessons learned and sustaining good practice. ('Guide to the Children's Homes Regulations, including the quality standards', page 55, paragraph 10.24)
- The registered person should ensure that staff have the capacity and competence to build constructive, warm relationships with children that actively promote positive behaviour and which provide the foundations for managing any negative behaviour. Staff should have the skills to respond to each child's individual behaviour. When necessary, they should manage conflict, maintain constructive dialogue and react

appropriately if challenged by a child in their care. ('Guide to the Children's Homes Regulations, including the quality standards', page 39, paragraph 8.14)

Information about this inspection

Inspectors have looked closely at the experiences and progress of children and young people, using the social care common inspection framework. This inspection was carried out under the Care Standards Act 2000 to assess the effectiveness of the service, how it meets the core functions of the service as set out in legislation, and to consider how well it complies with The Children's Homes (England) Regulations 2015 and the 'Guide to the Children's Homes Regulations, including the quality standards'.

Children's home details

Unique reference number: SC066048

Provision sub-type: Children's home

Registered provider: Anderida Adolescent Care Ltd

Registered provider address: Anderida Adolescent Care Ltd, Neville Mews, 6a Neville Road, Eastbourne BN22 8HR

Responsible individual: Erica Castle

Registered manager: Susan Baitup

Inspector

Georgia Carty, Social Care Inspector

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Piccadilly Gate
Store Street
Manchester
M1 2WD

T: 0300 123 1231
Textphone: 0161 618 8524
E: enquiries@ofsted.gov.uk
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