

2785993

Registered provider: Inspirations Leicestershire LTD

Full inspection

Inspected under the social care common inspection framework

Information about this children's home

The home is operated by a private organisation. It provides care for up to three children who experience social and emotional difficulties.

Since the last inspection, no children have moved in or out of the home. At the time of this inspection, two children were living at the home. The inspector observed both children and spoke to one of them.

The manager is registered with Ofsted.

Inspection dates: 23 and 24 June 2025

Overall experiences and progress of children and young people, taking into account	good
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How well children and young people are helped and protected	good
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The effectiveness of leaders and managers	outstanding
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The children's home provides effective services that meet the requirements for good.

Date of last inspection: 24 February 2025

Overall judgement at last inspection: requires improvement to be good

Enforcement action since last inspection: none

Recent inspection history

Inspection date	Inspection type	Inspection judgement
24/02/2025	Full	Requires improvement to be good

Inspection judgements

Overall experiences and progress of children and young people: good

Children receive bespoke and individualised care. Children flourish in a nurturing and family-like environment where staff have a deep understanding of their needs. Staff show children genuine emotional warmth and care. This helps children to settle quickly and feel a sense of belonging. One child said, 'This is the best and safest place I've been.'

Staff spend quality time with children. For example, they swim in the outdoor pool and play swing ball, pool and air hockey. This helps children develop positive and meaningful relationships with staff.

Children are in good physical health. Children's mental and emotional health is also well supported. Children receive support and assessments, when appropriate, through the home's clinical and assistant psychologist. Specialist support is also sought from mental health services. This ensures children receive the support they need and their overall health and wellbeing improve.

Children do well in education considering their starting points. Staff effectively encourage children to attend school when they are feeling reluctant to. One child, who was out of education, has been supported to return to school, and both children have taken their year 11 exams. Children's achievements are celebrated by staff, helping them to believe in themselves and have high aspirations. One child is working towards being a mechanic and another child plans to be a police officer.

Children's views are regularly sought and considered. Children have a genuine say in their day-to-day care. They are also involved in the recruitment of staff, helping them to feel heard, valued and empowered.

How well children and young people are helped and protected: good

Staff keep children safe. Staff know the risks that children can be exposed to. Safety plans and risk management plans are comprehensive and tell staff how to respond. They are created in collaboration with other professionals, such as psychologists and social workers. Children are supported to create their own safety plans which tell staff what they need. This ensures that staff responses are effective and impactful.

Staff teach children how to keep themselves safe. The assistant psychologist is creative in her approach to helping children understand and recognise risk. For example, children learn through virtual reality headsets and experience life-like scenarios on pertinent topics, such as child sexual exploitation and drug and alcohol use.

Staff are competent in managing the risk of self-harm and suicide. Staff receive specialist training from health professionals, such as nurses and psychologists. They use a trauma-

informed approach along with research-informed practice to support children's needs. For example, one child uses the swing ball for grounding and self-soothing and another child has a swing in their bedroom to provide sensory and regulatory support. This is reducing the severity of incidents and increasing safety for children.

Staff use physical holds as a last resort to keep children safe. The least force and measure are used. Children and staff are supported after each incident. The manager has excellent oversight and review systems in place, ensuring staff practice is safe and effective.

The effectiveness of leaders and managers: outstanding

The registered manager is an inspirational leader. She has high aspirations for children and sets high expectations for staff. Staff feel incredibly supported both professionally and personally. There is a real focus on staff development and internal promotion, ensuring that staff feel valued and excel in their role. This creates an exceptionally competent and committed team of staff who enjoy working at the home.

Staff are exceptionally well trained. Staff receive training in relation to children's current and anticipated needs, such as self-harm and suicide, eating disorders and post-traumatic stress disorder. Staff are also highly trained in therapeutic parenting and receive ongoing support and guidance from other professionals, such as the nurse and psychologists. The manager routinely checks staff learning and understanding through scenarios and quizzes in team meetings and supervisions, helping her to monitor staff training needs and competence.

The manager has excellent relationships with external stakeholders, such as social workers, health professionals and parents. She works exceptionally well in collaboration with others and ensures that all relevant professionals are consulted and informed. She appropriately raises concerns and challenges the wider system when necessary to ensure that children's needs are met. All feedback from external stakeholders is exemplary. One social worker said, 'The home has been spectacular. They are really communicative with me, I always know what is happening.'

The manager has meticulous oversight and quality assurance systems in place. She knows what is happening in the home daily. Internal and external audits are robustly undertaken, and any shortfalls are quickly addressed. Incidents and concerns are closely tracked and monitored, ensuring patterns and trends can be identified and understood. Learning from incidents is earnestly used to improve the service.

The manager regularly seeks and makes use of research-based practice to upskill staff and improve children's care and experiences. Weekly input from the home's assistant psychologist further strengthens staff practice and the care of children.

Information about this inspection

Inspectors have looked closely at the experiences and progress of children and young people, using the social care common inspection framework. This inspection was carried out under The Care Standards Act 2000 to assess the effectiveness of the service, how it meets the core functions of the service as set out in legislation, and to consider how well it complies with The Children's Homes (England) Regulations 2015 and the 'Guide to the Children's Homes Regulations including the quality standards'.

Children's home details

Unique reference number: 2785993

Provision sub-type: Children's home

Registered provider: Inspirations Leicestershire Limited

Registered provider address: 131a London Road, Oadby, Leicester LE2 5DP

Responsible individual: Post vacant

Registered manager: Damini Rura

Inspector

Emma Dacres, social care inspector

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