

2736840

Registered provider: Trauma in Mind Ltd

Full inspection

Inspected under the social care common inspection framework

Information about this children's home

The home is owned and managed by a private provider. It offers care for up to 3 children who may experience social and emotional difficulties.

The manager registered with Ofsted in July 2023.

There were 3 children living at the home at the time of this inspection. Three children spoke with the inspector to share their experiences of living in the home, including one child who has moved on to an independent living provision.

Inspection dates: 17 and 18 March 2026

Overall experiences and progress of children and young people, taking into account	outstanding
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How well children and young people are helped and protected	outstanding
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The effectiveness of leaders and managers	outstanding
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The children's home provides highly effective services that consistently exceed the standards of good. The actions of the children's home contribute to significantly improved outcomes and positive experiences for children and young people who need help, protection and care.

Date of last inspection: 10 March 2025

Overall judgement at last inspection: outstanding

Enforcement action since last inspection: none

Recent inspection history

Inspection date	Inspection type	Inspection judgement
10/03/2025	Full	Outstanding
15/01/2024	Full	Good

Inspection judgements

Overall experiences and progress of children and young people: outstanding

Children make excellent progress from their starting points because of well-considered care delivered by an exceptional team. One staff member said, 'At the heart of everything we do is a deep commitment to providing a loving, safe and nurturing home. Every child who lives here, past or present, is cared for with genuine warmth and compassion.'

Children enjoy exceptionally strong relationships with the staff who care for them. The team provide a solid foundation from which children make sustained progress. A child who recently left the home to live independently said, 'This was the best home I have ever lived in. It really felt like home. They are really supportive in anything and everything you want to do. The adults really care and love you.' These comments are echoed by an independent reviewing officer, who said, 'What makes this home remarkable is the adults who work there. They consistently show warmth, generosity, care, nurture, compassion and passion for their role. They go above and beyond in everything they do.'

Staff work closely with the in-house therapeutic team. This helps them to support children to make excellent progress in understanding their emotions, feelings and behaviours. The staff nurture children and guide them through past trauma, rejection and abuse. A social worker said, 'The biggest thing that they achieved was getting [name of child] to trust adults again.' As a result of learning to trust, children develop self-worth and confidence. They learn to have a voice in their care and make decisions about their life.

Education plans are tailored to the needs of the child. A strength of the team is that they seek advice and professional opinion to inform their own practice. They reflect on the child's needs and put these first. They advocate for children and listen to the child's voice, ensuring the child's voice is heard by others. The staff are not afraid to challenge external professionals when appropriate in the best interests of children.

Staff support children to have appropriate and meaningful time with family members and other significant people. One family member said, 'I am very happy with the care. I cannot fault them. [Name of child] has come on leaps and bounds.'

The staff are committed to ensuring that when children leave the home, they are well prepared and supported. The manager works with a wide range of professionals to ensure suitable plans are agreed on and put in place.

Staff continue to provide a clear and sustained package of support to children when they move, and ensure that they settle in their new home. A social worker said, 'This home has played a pivotal role in transforming [name of child]'s journey from a child who was

struggling, into a confident young adult with a positive outlook for her future. Their relational, child-centred approach has clearly had a lasting impact.'

The home is appropriately located. Children enjoy an extremely comfortable environment, which is maintained to a high standard. Children can spend time in a lovely garden with domestic animals and pets.

How well children and young people are helped and protected: outstanding

Safeguarding children is paramount in this home. Safeguarding incidents are rare. When safeguarding incidents have occurred, the skilled and experienced team support children to manage risks and ensure that they are safe.

Research-informed practice is the thread which underpins all aspects of care. This approach enables staff to interpret and understand the emotions underlying children's behaviours. Over time, the team help children to develop improved self-understanding. This enables children to better manage behaviours. This makes an exceptional difference to children's experiences and progress.

Developing children's independence and taking age-appropriate risks is a strength of this home. A social worker said, 'They will happily allow children to take healthy, age-appropriate risks. They are in tune in allowing children to grow and develop opportunities to support increasing independence.'

Meticulous monitoring and analysis of all safeguarding incidents inform safeguarding practice. Incidents reduce significantly from children's starting points. Risks are understood and addressed in a manner which is meaningful to the individual needs of each child.

Children experience clear and consistent boundaries, embedded in daily routines. This reliable and structured environment promotes emotional wellbeing and a strong sense of security.

The use of physical intervention is rare. When interventions are used, children are briefly held to keep them safe. This strategy is used as a last resort and is in line with policies and procedures. Children are given a high level of support after any incident.

The effectiveness of leaders and managers: outstanding

Leadership and management arrangements are well established and highly effective. Excellent team morale and a sense of shared ownership create a highly positive atmosphere.

The registered manager and deputy manager are ambitious, and both are invested in their continued learning. They ensure that the home is managed efficiently and effectively. They lead by example and ensure that the team who care for children have a

clear sense of purpose and direction. The deputy manager said, 'There is no hierarchy in this home – we all have an equal role.'

Staff benefit from several layers of management support, including monthly reflective supervisions, team meetings, enrichment days and training workshops.

Feedback from the staff is wholly positive. One staff member said, 'The support is exceptional. Reflective practice, regular team meetings and high-quality training create a culture of growth and excellence. The leadership's passion and commitment shine through in everything they do.'

Staff are able to develop professionally in this environment. A comprehensive programme of training, including research-based and therapeutic learning, supports them to develop in-depth knowledge and understanding of children's individual needs. This means children are nurtured and receive the very best care.

Collaborative work with external professionals is a strength of this home. Feedback from professionals is overwhelmingly positive. For example, one senior social worker said, 'Nothing is too big for them. They are committed and creative and the most child-focused home I have ever worked with.' An independent reviewing officer said, 'When you walk in the home you know that the therapeutic approach is threaded through every aspect of the care.'

The registered manager has clear, targeted development plans in place. Her focus is on continuous reflection and innovation and ensuring that children's voices and outcomes drive everything they do. She said, 'An outstanding judgement is our baseline - not our ceiling.'

No requirements or recommendations were made as a result of this inspection.

Information about this inspection

Inspectors have looked closely at the experiences and progress of children and young people, using the social care common inspection framework. This inspection was carried out under the Care Standards Act 2000 to assess the effectiveness of the service, how it meets the core functions of the service as set out in legislation, and to consider how well it complies with The Children's Homes (England) Regulations 2015 and the 'Guide to the Children's Homes Regulations, including the quality standards'.

Children's home details

Unique reference number: 2736840

Provision sub-type: Children's home

Registered provider: Trauma in Mind Ltd

Registered provider address: Park House, 37 Clarence Street, Leicester LE1 3RW

Responsible individual: Ryan Mawbey

Registered manager: Marie Liddle

Inspector

Amanda Ellis, Social Care Inspector

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Piccadilly Gate
Store Street
Manchester
M1 2WD

T: 0300 123 1231
Textphone: 0161 618 8524
E: enquiries@ofsted.gov.uk
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