

2596008

Registered provider: Anderida Adolescent Care Ltd

Full inspection

Inspected under the social care common inspection framework

Information about this children's home

This home is registered to provide care for two children who may experience social, emotional and mental health difficulties. It is owned and run by a private organisation. At the time of the inspection, two children were living in the home.

The manager was registered on 6 August 2025.

Inspection dates: 18 and 19 November 2025

Overall experiences and progress of children and young people, taking into account	good
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How well children and young people are helped and protected	good
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The effectiveness of leaders and managers	requires improvement to be good
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The children's home provides effective services that meet the requirements for good.

Date of last inspection: 22 January 2025

Overall judgement at last inspection: good

Enforcement action since last inspection: none

Recent inspection history

Inspection date	Inspection type	Inspection judgement
22/01/2025	Full	Good
14/03/2024	Full	Outstanding
01/02/2023	Full	Good
05/05/2021	Full	Good

Inspection judgements

Overall experiences and progress of children and young people: good

Children are supported by a stable, committed and caring staff team. Staff spend time getting to know the children, placing great emphasis on learning about their individual needs and interests.

Children have fun. They are supported to have a range of positive experiences, both in and away from the home. Their interests and hobbies are thoughtfully and creatively considered. Staff take time to risk assess activities that children have identified themselves and they create opportunities for shared enjoyment. Children have been able to take part in activities including paddleboarding and metal detecting. One child has been learning about managing money by selling items at a local boot fair.

Positive relationships are at the centre of practice. Staff make consistent efforts to reach out to children and show them they are valued and cared for. When children are struggling to develop relationships, staff use a range of methods, including leaving children notes and gifts, to show that they are thought of fondly. As a result, children are beginning to establish trusting relationships.

Children's accomplishments are celebrated. Memories are captured creatively; photobooks and videos help to tell the story of children's time in the home. Videos have been used to commemorate special events, including anniversaries, birthdays and Christmas. These methods help children to see their own growth and the progress that they have made.

Children are able to identify staff they can share their worries with. They have regular opportunities to share their views, and they know how to make a complaint.

Children are supported to maintain contact with the people they identify as important to them. Staff work closely with families to create a network of safe people around children and remove barriers to family time. As a result, children have increased opportunities to spend time with their families. Children placed away from their home area have opportunities to visit their families in familiar environments that hold positive memories for them.

The home is a welcoming environment; its decor and furnishings reflect the children who live there. New furniture and resources have recently been purchased, and communal spaces have been redecorated.

Systems to monitor children are not individually assessed. Staff and managers have a clear and proportionate overview of why monitoring systems, such as door alarms, may be necessary. The manager contacted external professionals when children moved into the home to seek their views. However, there has been limited consideration of whether

monitoring systems are required for all children and of creating systems to ensure that these arrangements are routinely reviewed for each child.

How well children and young people are helped and protected: good

Staff understand the support that children need to keep safe. Risk management plans guide staff interventions and are reviewed following incidents. Staff are vigilant to any signs of exploitation, substance misuse and self-harm. They know how to respond to incidents of children going missing and of substance misuse, ensuring that children receive swift access to medical advice, guidance and support.

Staff help children to understand how to keep safe. They explore with them the help and support on offer, and the options available to them. They seek children's views and create child-friendly plans to explore their worries, expectations and appropriate boundaries. Although children may not always agree with the boundaries and rules in place, they understand they are there to keep them safe and, as a result of exploring this, they feel heard.

Staff are prompt in making referrals to specialist services. When the need arises, they ensure that external professionals are consulted in relation to meeting children's needs. This has included exploring mental health, substance misuse and exploitation. Children are now receiving interventions from external agencies to understand the risks and to keep safe.

Staff work closely with external professionals, children's families and the local community to safeguard children. Professionals feel well informed and commend the regular updates. Staff use the services around them to create a community of people who want to keep children safe. A creative approach to safeguarding has included involving people in positions of trust in the local community to help to keep children safe. Staff have taken a role in educating local shopkeepers, MPs and security guards on risks for children and the signs to look out for.

On one occasion, there was a delay in ensuring that the local authority designated officer was advised of concerns in a timely manner. Challenges in implementing new staff monitoring systems resulted in managers carrying out investigations before reaching out for safeguarding advice. Managers have reflected on this and new systems have been implemented to ensure that referrals are now made in a timely way.

Records in relation to episodes of going missing, restraint and incidents are unclear. Language used in incident reports is ambiguous and does not provide an accurate description of presenting need. In addition, some reports are not clear on whether staff are consistently following children's risk and support plans. Managers' reviews have failed to consistently identify discrepancies and shortfalls in recording, and it is not clear whether managers have assured themselves that children's plans are being followed. Systems have not yet been fully implemented to ensure consistent improvement in the content of safeguarding records.

There is a proportionate approach to the use of behaviour management. Consequences used are effective and linked to the behaviours displayed. Physical restraint is used in the home when required and records are completed. However, there is no clear system in place to ensure that conversations are held with children and staff following incidents. As a result, debriefs for children and staff are not consistently taking place within regulatory timescales.

The effectiveness of leaders and managers: requires improvement to be good

Leaders and managers are child focused and committed to offering stability to children with complex lives. There have been changes to the organisation's leadership and management arrangements. Although this initially created some anxiety among staff, this has now changed to excitement at new opportunities and possibilities for progression.

The registered manager has high aspirations for children and works closely with her team and external professionals to ensure that their welfare is promoted effectively. The registered manager is reflective and understands the development needed in the home.

Since the last inspection, improvements have been made to the supervision, support and training of staff. Supervisions are now taking place regularly and managers have implemented systems to ensure that supervision records are clear and accessible for management oversight. Staff value the support from leaders and managers.

There are some shortfalls in the oversight of incidents. When managers review incidents, they do not ensure that children's safety plans have been followed in their entirety. There is no appropriate challenge or follow-up with staff when records are not clear. As a result, improvements are not being made to record-keeping and support plans, and managers are not maintaining suitable oversight of incidents.

Systems in place to support the manager to review the quality of care are ineffective. There are no clear systems to show how leaders and managers use the feedback of staff, children and professionals to drive improvement and change. It is difficult to ascertain from monitoring systems how feedback has been captured and used to bring about change in the management of the home. Systems used to evaluate care are repetitive and the statistics detract from the quality of what is reviewed.

The independent person is not providing insight or evaluation of the support that children are receiving. Reports do not provide an in-depth overview of care, the effectiveness of interventions or the learning from them. Issues in relation to records have not been identified and there has been no challenge to ensure that records align with practice and children's plans. There is a significant focus on routine monitoring rather than the areas which impact the most on children's experiences of the care provided. As a result of this, the visits have not supported leaders and managers in improving the areas which will have the greatest impact on children.

What does the children's home need to do to improve?

Statutory requirements

This section sets out the actions that the registered person(s) must take to meet the Care Standards Act 2000, The Children's Homes (England) Regulations 2015 and the 'Guide to the Children's Homes Regulations, including the quality standards'. The registered person(s) must comply within the given timescales.

Requirement	Due date
The leadership and management standard is that the registered person enables, inspires and leads a culture in relation to the children's home that— helps children aspire to fulfil their potential; and promotes their welfare In particular, the standard in paragraph (1) requires the registered person to— understand the impact that the quality of care provided in the home is having on the progress and experiences of each child and use this understanding to inform the development of the quality of care provided in the home; demonstrate that practice in the home is informed and improved by taking into account and acting on— feedback on the experiences of children, including complaints received; and use monitoring and review systems to make continuous improvements in the quality of care provided in the home. (Regulation 13 (1)(a)(b) (2)(f)(g)(ii)(h))	9 January 2026
The registered person must ensure that— within 24 hours of the use of a measure of control, discipline or restraint in relation to a child in the home, a record is made which includes— details of the child's behaviour leading to the use of the measure;	9 January 2026

within 48 hours of the use of the measure, the registered person, or a person who is authorised by the registered person to do so ("the authorised person")— has spoken to the user about the measure; and has signed the record to confirm it is accurate; within 5 days of the use of the measure, the registered person or the authorised person adds to the record confirmation that they have spoken to the child about the measure. (Regulation 35 (3)(a)(ii)(b)(i)(ii)(c))	
The registered person must ensure that an independent person visits the children's home at least once each month. When the independent person is carrying out a visit, the registered person must help the independent person— if they consent, to interview in private such of the children, their parents, relatives and persons working at the home as the independent person requires; and to inspect the premises of the home and such of the home's records (except for a child's case records, unless the child and the child's placing authority consent) as the independent person requires. A visit by the independent person to the home may be unannounced. The independent person must produce a report about a visit ("the independent person's report") which sets out, in particular, the independent person's opinion as to whether— children are effectively safeguarded; and the conduct of the home promotes children's well-being. The independent person's report may recommend actions that the registered person may take in relation to the home and timescales within which the registered person must consider whether or not to take those actions. (Regulation 44 (1) (2)(a)(b) (3) (4)(a)(b) (5))	9 January 2026

Recommendation

- The registered person should ensure that any modifications to the environment of the home are made only where this is intended to safeguard a child's welfare. All decisions should be informed by a rigorous assessment of that individual child's needs, be properly recorded and be kept under regular review. This is specific to the use of internal door alarms and sensors. ('Guide to the Children's Homes Regulations, including the quality standards', page 15, paragraph 3.10)

Information about this inspection

Inspectors have looked closely at the experiences and progress of children and young people, using the social care common inspection framework. This inspection was carried out under the Care Standards Act 2000 to assess the effectiveness of the service, how it meets the core functions of the service as set out in legislation, and to consider how well it complies with The Children's Homes (England) Regulations 2015 and the 'Guide to the Children's Homes Regulations, including the quality standards'.

Children's home details

Unique reference number: 2596008

Provision sub-type: Children's home

Registered provider: Anderida Adolescent Care Ltd

Registered provider address: Anderida Adolescent Care Ltd, Neville Mews, 6a Neville Road, Eastbourne BN22 8HR

Responsible individual: Post vacant

Registered manager: Amy Howell

Inspector

Georgia Carty, Social Care Inspector

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