

1277079

Registered provider: Inspire Social Care Services Limited

Full inspection

Inspected under the social care common inspection framework

Information about this children's home

This is the children's home's first inspection. This is a privately owned children's home that provides care and accommodation for up to two children or young people.

Inspection dates: 15 to 16 October 2018

Overall experiences and progress of children and young people, taking into account **good**

How well children and young people are helped and protected **good**

The effectiveness of leaders and managers **good**

The children's home provides effective services that meet the requirements for good.

Date of last inspection: This is the first inspection.

What does the children's home need to do to improve?

Recommendations

- The registered person should ensure that the staff can access appropriate facilities and resources to support their training needs, and should understand the key role they play in the training and development of staff in the home. ('Guide to the children's homes regulations including the quality standards', page 53, paragraph 10.11)

In particular, that staff receive training and/or information on the specific individual needs that young people have. This is to ensure that this information is used to inform the young person's care and support plans.

Inspection judgements

Overall experiences and progress of children and young people: good

The young people make progress due to the consistent and nurturing care provided by a child-focused staff team. The young people's progress includes improved health and emotional well-being, increased education attendance and improved safety. The young people respond well to the structured routines and clear boundaries together with the ambition that the staff have for young people to succeed. Care planning is backed up with detailed direct-work sessions. This shows that all areas of support are being discussed regularly with the young people in line with placement, care and support plans and risk assessments.

The young people have begun to flourish due to the strong trusting relationships built by the staff. The staff have swiftly got to know the young people, and this has assisted in the development of positive connections. The staff demonstrate a good awareness of each young person's individual care and support needs. This enables the young people to more constructively engage and listen to the advice given and provides the young people routinely with positive daily life experiences.

The young people's health improves as they access regular health checks and specialist services, including those for their emotional well-being. The young people receive advice, guidance and support on living a healthy lifestyle and matters that affect their health. This ensures that the young people's current and long-term health outcomes improve.

The staff strongly promote the importance of education. To achieve this, the staff work closely with the young people and school provisions. The young people respond positively to the guidance, support and help to enable them to manage school environments, their emotions and to adhere to rules and boundaries. This has resulted in improvements in their school attendance. In the long term, this will further increase their learning and will improve their career opportunities as young adults.

The young people benefit greatly from accessing several new social and leisure activity experiences. This has included learning to play musical instruments, going ice skating, playing pool, laser quest and going on a camping holiday. A young person said: 'We had a great time on holiday this year. I'm hoping we can go abroad next year.' This assists young people greatly to build good social skills, confidence, hobbies and interests.

The staff are committed to helping the young people to rebuild and maintain relationships with those who are important to them. A young person said: 'I go to see my nan every week and can phone her anytime.' This provides young people with stronger family connections and support networks.

How well children and young people are helped and protected: good

The embedded, structured routines and consistently delivered care support the young people's daily lives. Consequently, these provide the young people with a safe and secure environment from which they gain enormous benefit. There have been no missing from care incidents. A young person said: 'I do feel safe living here. This is good.'

The young people receive good advice and guidance to manage their anxieties and risk-taking behaviour. The young people say that there is no bullying. The staff implement caring strategies that help to keep the young people safe from harm.

The staff give great emphasis on and promote positive behaviour. The young people respond well to regular praise, positive reinforcement and incentives. As a result, sanctions are low in number and there have been no physical restraints as the young people respond well to the defined consistent care approach that makes them feel safe and secure.

The effectiveness of leaders and managers: good

The registered manager has been in post since the home's registration in April 2018. She has 10 years' experience of working with children and young people and holds a level 5 qualification in management and a BA (Hons) in health and social welfare.

The new manager sets clear expectations on the standard of care to be provided to the young people. This assists the young people to achieve the best outcomes. The manager has quickly implemented clear admissions criteria to ensure that the needs of all the young people living at the home can be met. The care of the young people is delivered in line with the home's statement of purpose to provide long-term placements.

The young people benefit from being routinely consulted about the care that they receive. They regularly comment and sign the records that they have read. In addition, young people give their views at residents' meetings, during direct-work sessions and at their statutory reviews.

Experienced and committed staff are well supported through good communication systems, regular staff meetings, detailed daily handovers and formal supervision. The majority of the staff hold the level 3 diploma in caring for children and young people, with all mandatory

training areas kept up to date. This includes first aid, safeguarding, medication and behaviour management. The home is developing further its training programme. One shortfall found is that staff have not had training on a genetic disorder to further support the care of a young person.

Thorough auditing systems have been developed. These include internal monitoring by the manager and external monitoring by the provider. This enables the quick detection of shortfalls that are promptly addressed. This assists the home to ensure that the quality of care provided to young people is maintained to a good standard.

Information about this inspection

Inspectors have looked closely at the experiences and progress of children and young people. Inspectors considered the quality of work and the differences made to the lives of children and young people. They watched how professional staff work with children and young people and each other and discussed the effectiveness of help and care provided. Wherever possible, they talked to children and young people and their families. In addition, the inspectors have tried to understand what the children's home knows about how well it is performing, how well it is doing and what difference it is making for the children and young people whom it is trying to help, protect and look after.

Using the 'Social care common inspection framework', this inspection was carried out under the Care Standards Act 2000 to assess the effectiveness of the service, how it meets the core functions of the service as set out in legislation, and to consider how well it complies with the Children's Homes (England) Regulations 2015 and the 'Guide to the children's homes regulations including the quality standards'.

Children's home details

Unique reference number: 1277079

Provision sub-type: Children's home

Registered provider: Inspire Social Care Services Limited

Registered provider address: Unit 3, Craig Court, Standish Street, St Helens, Lancashire WA10 1GJ

Responsible individual: Byron Smith

Registered manager: Joanne O'Donnell

Inspector

Debbie Foster: social care inspector

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