

1228919

Registered provider: Anderida Adolescent Care Ltd

Full inspection

Inspected under the social care common inspection framework

Information about this children's home

This home is registered to provide care for up to two children who may experience social, emotional and mental health difficulties. It is owned and run by a private organisation. At the time of the inspection, two children were living in the home.

The registered manager has been in post since June 2020 and is suitably experienced.

Inspection dates: 16 and 17 October 2024

Overall experiences and progress of children and young people, taking into account	outstanding
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How well children and young people are helped and protected	outstanding
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The effectiveness of leaders and managers	outstanding
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The children's home provides highly effective services that consistently exceed the standards of good. The actions of the children's home contribute to significantly improved outcomes and positive experiences for children and young people who need help, protection and care.

Date of last inspection: 23 August 2023

Overall judgement at last inspection: outstanding

Enforcement action since last inspection: none

Recent inspection history

Inspection date	Inspection type	Inspection judgement
23/08/2023	Full	Outstanding
01/11/2022	Full	Good
15/03/2022	Full	Good
07/08/2019	Full	Outstanding

Inspection judgements

Overall experiences and progress of children and young people: outstanding

Children are making amazing progress in relation to their starting points. One child has experienced a positive and well-planned move into semi-independence, having come to the home from a secure provision. They have been able to gain important vocational qualifications and have become safer in accessing the community alone.

Staff have a strong focus on the importance of children's education and are excellent advocates for this. Staff work with children and professionals such as therapists and commissioners to understand barriers to children accessing education. One child, who has a significant history of not accessing education, is now starting to complete educational activities and engage in assessments to get them the support that they need to get back into education. In addition, children are helped to seek and maintain employment opportunities, which has greatly helped to increase their self-confidence.

Children report excellent relationships with staff. They feel well cared for and spoke of a sense of meaningful, mutual trust. One child explained how staff had focused on getting to know them and working with them to help them become more independent, rather than some previous experiences of feeling that people were only interested in what was written about them. These relationships have been instrumental in the progress that children are making. In addition, it means that children are more accepting of engaging with other professionals and getting support with other aspects of their care. For some children, this has meant that they have engaged positively with therapies that help them to have better mental health.

Children experience exceptional care and a sense of warmth and love. Staff are guided by clear and well-written plans that help them to understand the individual needs and vulnerabilities of each child. These are regularly reviewed and show a good understanding of the progress that children are making, which has resulted in greater freedom and better experiences for children. When children come to live in the home and leave the home, they experience well planned moves that focus on their needs and wishes. Staff work closely with other professionals to make sure that these plans are followed through so that children can have positive beginnings and endings to their time living here.

Children are helped to develop positive social networks and maintain positive relationships with their family and friends. Consequently, they spend more time with their families, enjoy family events and have safer networks of people who care about them. For one child, this was a huge factor in planning their move away from the home. Some children are also better equipped to identify what healthy relationships look like, and this has helped them to become safer.

Children enjoy a range of activities that help build their social confidence and broaden their interests. Importantly, they get to have fun and enjoy being children.

How well children and young people are helped and protected: outstanding

Children feel safe living here. The relationships that they have with staff give them confidence to talk about any concerns that they have, knowing that they will be helped and appropriate action taken. As a result, children are becoming safer and making more positive decisions.

When children experience difficult feelings that result in them harming themselves, staff respond with love and care. Staff give children the support that they need to feel secure and ensure that they get help from mental health professionals when needed. For one child who experienced a period of feeling low, staff staged a 'love in' where they all came around the child and sang to them to raise their spirits. They then spoke to the child about how much they cared and helped them to make positive plans. They created posters of how positive they felt the child's future could be, which helped the child considerably.

When children go missing from home, staff act quickly to share information with the police, social workers and family members to ensure that the child returns safely. When children return, they receive care and nurture, and staff seek to understand the child's motivation for leaving so that they can try to prevent recurrence. Staff show curiosity in understanding children's circumstances and seek additional support from services such as drug misuse teams when needed.

Staff understand their responsibilities to keep children safe. When they have concerns, they take effective action and share information with the wider network, for example social workers. This ensures that children get the help that they need. Children also feel confident in talking to staff about their safety or incidents that have made them feel worried. This is testament to the efforts by staff to understand children's feelings and their persistence in showing children that they care about them.

When children experience feelings of distress, staff are skilled in helping them to find ways to express themselves safely. The use of physical intervention is low, and when this is used, staff always use the least restrictive option for the shortest time needed to keep children safe. As a result, the use of restraint has continued to reduce.

The effectiveness of leaders and managers: outstanding

The manager is ambitious and has extremely high expectations for children's futures. They have a positive vision for the home that centres around the needs of children and achieving the best possible outcomes. The manager has a great understanding of the strengths and weaknesses of the home and has effective oversight. Managers and staff understand children's achievements and progress, and they recognise and celebrate these appropriately.

Staff feel exceptionally well supported and talk warmly about the culture in the home. They feel listened to and valued. They benefit from regular supervision and appraisals that help them to reflect on their own practice and identify learning opportunities. In addition, they feel that the training offered helps them to feel more confident in delivering high-quality care. When staff identify emerging needs for children, additional training and advice are sought to ensure that these needs are well understood.

Children are helped to explore their identity and be who they want to be. Staff are sensitive to children's wishes and help them to explore their feelings in a safe way. They are curious and ask questions to learn how best to support children. As a result of this, one child has been actively involved in the community and helped to explore their gender and sexuality.

The manager has worked with the local community to address historic concerns about the home. Over the past year, they have worked with neighbours and local groups to foster tolerance and understanding in a way that does not stigmatise children.

Managers have excellent relationships with families and professionals such as social workers. One social worker explained how impressed they were with how well staff knew the child and how brilliant the communication has been. They are kept up to date with progress and concerns and feel that staff act as great advocates for children's needs. They also spoke of how hard managers had worked to ensure that there is a clear plan for children to access appropriate education.

Children's views and opinions are important to managers and staff. They use opportunities to understand how children feel and what their aspirations are, and work as a team to try and achieve these. Children's views are central to the development of the home.

Information about this inspection

Inspectors have looked closely at the experiences and progress of children and young people, using the social care common inspection framework. This inspection was carried out under the Care Standards Act 2000 to assess the effectiveness of the service, how it meets the core functions of the service as set out in legislation, and to consider how well it complies with The Children's Homes (England) Regulations 2015 and the 'Guide to the Children's Homes Regulations, including the quality standards'.

Children's home details

Unique reference number: 1228919

Provision sub-type: Children's home

Registered provider: Anderida Adolescent Care Ltd

Registered provider address: Neville Mews, 6a Neville Road, Eastbourne BN22 8HR

Responsible individual: Erica Castle

Registered manager: Stacey-Anne Armour

Inspector

Jay Shekleton, Social Care Regulatory Inspector

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